

Exponential Multiplying Disciples - IDMC August 2021

Session 1: 7 Marks of Radical Discipleship (Matthew chapters 5-7)

1. Your values must be changed. (Matt 5:1-12)
2. Your mission must be clear. (Matt 5:13-16)
3. Your standard must be right. (Matt 5: 17-48)
4. Your motive must be pure. (Matt 6:1-18)
5. Your allegiance must be true. (Matt 6:19-34)
6. Your relationships must be sound. (Matt 7:1-12)
7. Your foundation must be sure. (Matt 7: 13-29)

Session 2: Create a Discipleship Environment

1. Establishing a discipleship training environment

Seven practical considerations for discipleship training

- a. Be relevant. Match training to felt needs.
- b. We believe in on-the-job training.
- c. Employ the training resources that others can provide.
- d. Send out key leaders as learning teams for selected training.
- e. Develop an all-level leadership development system.
- f. Develop a curriculum based on four essential courses:
 - Foundation course: doctrine and Word
 - Formation course: spiritual disciplines and spiritual formation
 - Function course: skill development
 - Framework course: assimilation and effective thinking
- g. Set specific goals and outcomes.

2. Establishing a discipleship community

Importance of cell group

- a. The fundamentals- 3 simple trends
 - Word and prayer is the root
 - Cells and community is the trunk
 - Evangelism and missions is the fruit
- b. Primary focus- cell is not just another program
- c. No competition- cells are given a top priority
- d. Paradigm shift- shared responsibility instead of volunteer paradigm; cells empower the service ministries of the church
- e. Unleashing the church- cells release the church to accomplish 3 things
 - Pastoral care
 - Evangelism
 - Raising up of leaders
- f. Assimilate newcomers- cells look out for new converts and visitors and assimilate in the church
 - Cells close the back-door of the church
 - Cells offer a sense of belonging and intimacy

Practical considerations for cell- group development

- a. Learn from other churches what works and what does not
- b. Brainstorm what can be done to improve cell life in the church
- c. Have a clear policy and process for cell multiplication

Five stages of a cell life

- Learn
- Love
- Link

- Launch
 - Leave
- d. End cell meetings with an opportunity for personal ministry
 - e. Mentor servant-leaders on the job through opportunities in cell leadership
 - f. Let the senior pastor set the agenda and pace for discipling in the cells
 - g. Avoid the common pitfall for over enthusiastic leaders to forcing cell groups on the congregations, rather than starting something successful and letting it gradually replace the existing programs and structures.

Conclusion: Build a discipleship environment!

Session 3: Cultivate a Discipleship Culture

Five defining questions for radical discipleship

1. Why is radical discipleship so important?
 - Because the church is in trouble, the world is in need.
 - 4 concerns:
 - Dilution of truth
 - Declension of soul
 - Disintegration of families
 - Disengagement of next generation
2. If it is so important, why is radical discipleship so neglected?

4 reasons:

 - Discipleship does not work (in the short term)
 - It is hard to measure
 - It is messy
 - We are not discipled ourselves
3. What is radical discipleship all about?
 - People to be rooted and grounded in the scripture
 - 2 things:
 - Allegiance to Jesus
 - Surrender to Jesus
 - What God has done for me (loved me and gave Himself for me)
4. What makes radical discipleship so difficult?
 - People are afraid of surrender (afraid of losing control and have an illusion of control)
 - 3 things causing deficits of a church
 - Spiritual consumerism
 - Spiritual compartmentalisation
 - Spiritual blindness
5. How is radical discipleship best accomplished?
 - Fall in love with Jesus
 - 5 things about discipleship:
 - Knowing Jesus
 - Loving Jesus
 - Serving Jesus
 - Abiding in Jesus
 - Becoming more and more like Jesus
 - 5- step simple strategy for discipling
 - **C**are for one another in God's family
 - **R**each out to pre believers
 - **O**ffer your life as a steward of Jesus
 - **S**tudy the Word of God (memorise, meditate, apply)
 - **S**hare your gospel transformation with everyone you meet

Session 4: Empower a Discipleship Movement

Ten lessons along the way

1. Who is in charge?

The key to disciple making church is the disciple making pastor.

2. A healthy church culture

Have the wisdom and courage to change a toxic church culture.

3. Personify the values

Move from championing the vision to personifying the values.

4. The remove and replace principle

Don't disciple without first preparing the ground.

5. Leadership mentoring

Expand your leadership base through mentoring.

6. Directional clarity

Unless the congregation does the "How", there is no ownership.

7. Discipleship environment

There is no sustainability without a discipleship environment.

8. The daily-ness of discipleship

Daily discipleship must supersede weekly discipleship training.

9. Build depth

Think big, start small, build deep.

10. Pass it on

Cultivate a positive accountability for passing on what we learn.